



BREAKFAST

9:00am - 11:00am

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THE FULL ENGLISH - £13

Two Rashers of Back Bacon, Grilled Pork Sausage, Grilled Tomato
Grilled Mushroom, Hash Browns, Baked Beans, Two Eggs of your choosing
Slice of Chargrilled Sourdough

AMERICAN STYLE PANCAKES - £9

Bacon & Maple Syrup or Fruit & Maple Syrup

CRISPY BACON SANDWICH - £6.5

With Chargrilled Sourdough

SMASHED PEAS ON TOAST (V) - £6

A zesty and healthy option served on Chargrilled Sourdough

+ POACHED EGG (V) - £3.5

+ SMOKED SALMON - £4

+ BACON - £3.5

EGGS ON TOAST (V) - £6.5

(Scrambled, Poached or Fried) Served on Chargrilled Toast

+ SMOKED SALMON - £4

+ BACON - £3.5

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SUNRISE CRUNCH (V) - £7

Seasonal Fruit, Fresh Greek Yoghurt & Homemade Granola

WHOLESOME PORRIDGES (GF) - £8

Made with Almond Milk

Choose from a topping below

OVERNIGHT OATS (VE)

Soaked in Oat Milk
Vanilla & Cinnamon
topped with Berries & Toasted
Seeds

GOLDBLOCKS (V)

Turmeric, Cinnamon
Greek Yoghurt
Chia Seeds, Cashews
Coconut

TREE TOPPER (VE)

Chocolate
Banana
Maple Syrup

BABY BEAR PORRIDGE - £5

A smaller portion for a smaller person
Choose from a topping above

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FRESHLY BAKED PASTRIES (V) - £3.5

Daily selection of Croissants, Danishes & Pastires

V= Vegetarian • VE= Vegan • GF= Gluten Free

GLUTEN FREE BREAD/ TOAST AVAILABLE

If you are concerned about the presence of allergens in our food, please ask a member of our team for assistance when choosing your meal. We hold detailed allergen data on all of our dishes. Our dishes are freshly cooked to order and may take a little longer during busy periods. Thank you

MORNING DRINKS

BARISTA MADE COFFEE

Americano - Regular £2.5 • Large £2.8

Cappuccino - Regular £3 • Large £3.6

Espresso - Single £2.3 • Double £2.8

Macchiato - Single £2.5 • Double £3

Latté - £3.7

Flat White - £3.7

Mocha - £3.8

Iced Latté - £3.8

Chai Latté - £3.4

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+ Extra Coffee Shot - £1.0

+ Oat/ Almond/ Soya/ Coconut Milk - £0.5

+ Syrup - £0.5

Vanilla • Cinnamon • Caramel • Hazelnut

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LOCALLY PRODUCED DORSET TEA

English Breakfast - £3

Decaf Tea - £3

Earl Grey - £3

Wild about Mint - £3

Pure Green - £3

Cool Camomile - £3

Ginger & Lemon - £3

Foraged Fruits - £3

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Hot Chocolate - £3.5

Kid's Hot Chocolate - £3

+ Cream & Marshmallows - £0.5

Babyccino - £1

HEALTHY & NOURISHING SMOOTHIES

Acai Kick - £6

Mango Dream - £6

Raspberry Heaven - £6

Strawberry Fantasy - £6

Super Green - £6

NAUGHTY MORNING COCKTAILS

Bloody Mary - £9

Bucks Fizz - £9

Peach Bellini - £9

REFRESHING SHAKES

Chocolate - £6

Vanilla - £6

Mint - £6

Cookies & Cream - £6

Strawberry - £6

DELICIOUS JUICES

Orange Juice (Freshly Squeezed) - £4.5

Frobisher's Orange Juice - £3.2

Frobisher's Apple Juice - £3.2

Frobisher's Tomato Juice - £3.2

Squash - £1.0 • £0.5

We add a 10% service charge to your food bill for our hard working team, please ask your server to remove this if you wish

Please note that we only take card/contactless payments and
we do not accept cash

FOLLOW SOUTH DEEP ON  